

COVID-19 Outbreak Control and Prevention State Cell
Health & Family Welfare Department
Government of Kerala

Guidelines - CFLTCs – Planning and Management of Infrastructures and Admissions

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The Department of Health and Family Welfare, Government of Kerala, at the outset planned various interventions to control COVID pandemic. The government has set up COVID Hospitals and COVID First Line Treatment Centers (CFLTCs) across the state for the effective management of the ongoing COVID-19 pandemic. As a part of ensuring readiness of this response, CFLTCs are being set up in various districts.

As the epidemic is progressing, the structures set up at field level and strategies need to be dynamic and adapted as per the need of the situation. For that a proper planning is required. Districts have set up COVID First Line Treatment Centres for management of asymptomatic and patients belonging to category A. At this point of time all CFLTCs shall manage asymptomatic and patients belonging to Cat A. On seeing any red flag signs, the patient shall be shifted to COVID hospitals.

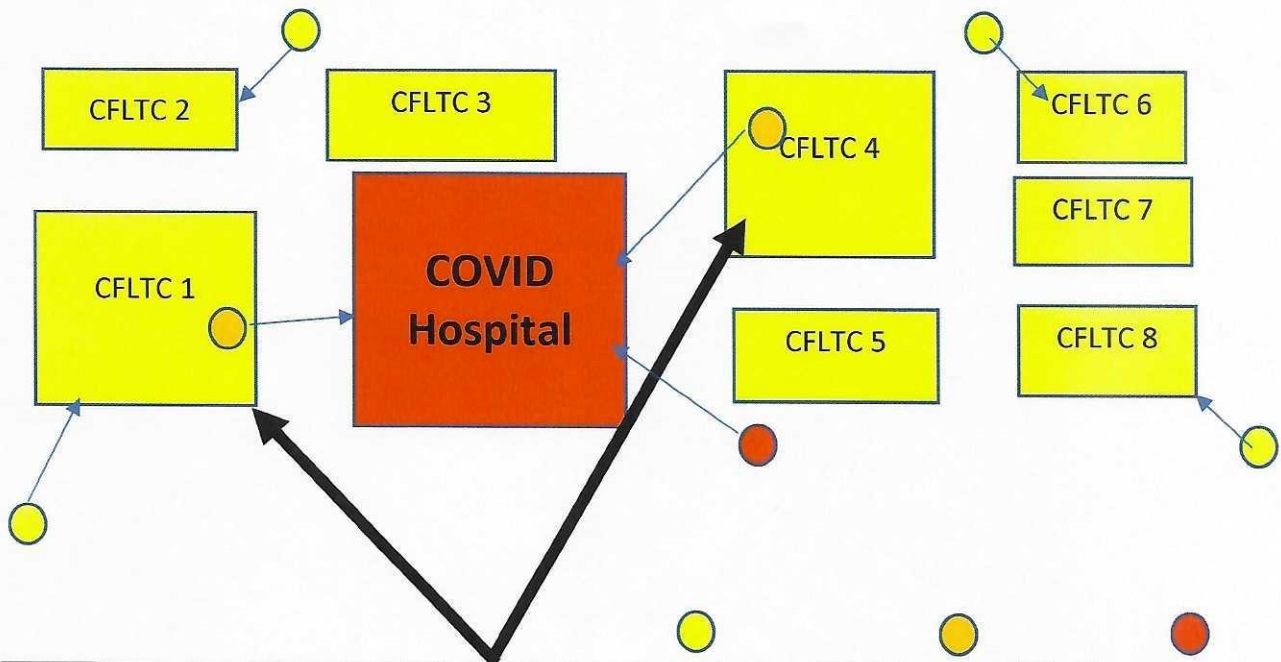
If the epidemic progresses, at a later stage we may need to manage category B patients also at CFLTCs. The change in the CFLTC as a treatment centre shall be informed at appropriate time after studying the epidemic and the situation in the district.

In order to ensure complete preparedness regarding the same the following guidelines are issued -



1. 1000 beds in some of the earmarked CFLTCs in every district need to be equipped to manage category B patients also.
2. Identify a few CFLTCs which could be upgraded to a higher level of clinical management on a later stage.
3. Such CFLTCs shall be
 - (a) have clinical management by all Modern Medicine team,
 - (b) bigger in number with at least 150 beds for easy management of logistics and HR,
 - (c) near to COVID Hospital so that referral won't take much time in case of emergency.
4. Districts are requested to equip identified CFLTCs in this group by capacity building especially in critical care and planning for logistics.
5. These CFLTCs shall be upgraded to Higher Clinical Grade CFLTCs if required on a later stage.

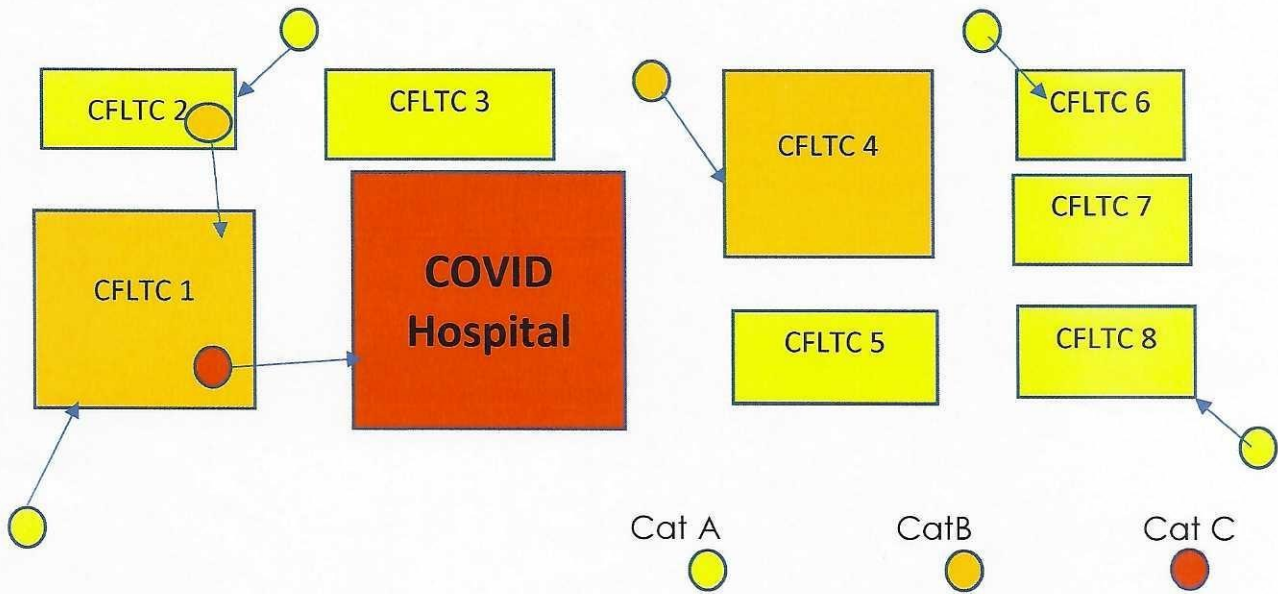
Fig 1. Schematic Representation of the Concept



These Two CFLTCs (1 and 4) which are bigger and in close proximity to COVID hospital shall be later converted to a higher grade CFLTCs for managing Category B patients. These CFLTCs shall be equipped with Modern Medicine team, their capacity to be built, logistics for higher grade clinical management [IV Fluids, Medicines, Oxygen, Intubation support, Critical Care ambulance, Partitions etc.] to be planned now.



Fig 2. When epidemic progress, CFLTC 1 & 4 converted to higher grade to manage Category B patients.



Ravi
Principal Secretary